Food Studies 187 - Mondays & Wednesdays; June 20 - July 29
Taught by Evan Kleiman and a series of speakers

Jonathan Gold, Pulitzer Prize Winning Critic for the LA Times
Mark Gold, Associate Vice Chancellor for Environment and Sustainability UCLA
Dr. Daphne Miller, physician and author of Farmacology
Mark Bittman, noted former NY Times columnist, cookbook author
Richard Bourdon, baker, Berkshire Mountain Bakery, Massachusetts

WE ARE THE WORLD -- LITERALLY

Our bodies are made up of the same stardust that created the planet; so is earth’s soil. When we eat, we are eating the planet. It becomes us. This is a big picture look at the Agricultural nexus of Earth, Air, Water and Fire as it pertains to Food Production. We will examine our relationship to the whole, from stars to the soil, through we humans and back to the planet. A series of speakers will bring the issues into focus so students may start the process of questioning our role as stewards of “spaceship” earth.

It is easy to get trapped in the plate in a quest for carving out ones personal morality. This class will go beyond the local and personal to explore broader issues. We will study the feedback loop between food production, human health and ecology, from the micro biome living within us through the taste of what we breathe, to the stardust from which we were made and that still resides in our soils and is taken up as nourishment by our food. This is an opportunity to reframe an ecological understanding of agriculture through a moral lens. To bring it home, there will be a look at some interesting solutions operating with local communities.

ABOUT EVAN KLEIMAN

A true culinary multitasker, chef, author, radio host, restaurateur and sought after speaker, Evan has been called “the fairy Godmother of the LA food scene” for her central role in bringing a community of food people together through her radio show, Good Food on KCRW.

Evan is an active speaker on issues of food culture and sustainability and, is a member of the Los Angeles Food Policy Council. She is the author of eight books on Italian food and video app, "Easy As Pie."